

SCHOOL SPORT VICTORIA SOUTHERN METRO (PRIMARY) REGION 2017 CROSS COUNTRY

Date: Monday 19th June 2017

Venue: Ballam Park, Frankston, MEL 103 B4. Enter Via Benanee Drive off Lindrum Rd.

Car Parking available inside Ballam Park - follow Benanee Dr. More parking available off

Cranbourne Frankston Rd near playground. For safety reasons please DO NOT enter via

Naranga Cres.

Important: Races will be on a tight time schedule so allow enough time for arrival and warm up.

Competitors will be marshaled at the start line.

REGISTRATION (for runner ID number) is required on the day.

Postponement: The event will only be postponed in extreme cases. Children should bring a change of clothes.

Cross Country events are often run through rain, water, mud and other 'wet' obstacles.

Age: Calculated as at 31st December this year.

Participants: Each Division may enter up to 12 competitors.

First Aid: First Aid Staff will be in attendance on the day

Footwear: Competitors are not permitted to wear spikes, football boots, hockey or other cleated shoes.

SMR (Primary) Region 1:30pm - 3pm

(Times are approximate please arrive before scheduled race start)
Divisions: Beachside, Cardinia, Greater Dandenong, Kingston
Casey - North & South, Peninsula - North & South

1.30pm 9/10 Boys 2000m & Multi Class girls 9/12 1.35pm 9/10 Girls 2000m & Multi Class boys 9/12

> 2.00pm 11 Boys 3000m 2.05pm 11 Girls 3000m 2.40pm 12/13 Boys 3000m 2.45pm 12/13 Girls 3000m

PLACINGS & AWARDS:

- The first 3 placegetters in each event will receive an SSV medal
- The first 12 placegetters in each event will progress to the SSV State Cross Country Carnival
- Results available online at <u>www.ssv.vic.edu.au</u>

Detailed course map available on the South Metro Region section of the SSV Website - www.ssv.vic.edu.au

It is the runner's responsibility to know the course

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